



Approved by FUN 10 04 2015

## LUNDS UNIVERSITET

### Medicinska fakulteten

Postgraduate Education  
Committee, FUN

## Theories of Ageing, METÅ001

3 credits

Third cycle

### General information

The course is offered within the context of the Swedish Graduate School for Competitive Science on Ageing and Health (SWEAH), which is a consortium of partners from different higher education institutions and research agents. It is intended for research students affiliated to SWEAH. Other research students may take the course if there are places available. The number of students is limited to 24.

The course is a part-time distance-learning course using an online learning platform. Apart from learning platform activities, the course includes full-day workshops and lectures requiring physical attendance.

### Language of instruction

Swedish or English

### Objective

The course is a specialisation in theories of ageing, and of ageing and health. The participants are expected to assimilate a multidisciplinary approach in the application of theories.

### Learning outcomes

On completion of the course, the participants shall be able to

- present their choice of theory and explain its relevance to an academic audience from other disciplines and research specialisations
- explain and critically discuss a selection of alternative and complementary theories of relevance to their research field, including their possibilities and limitations, together with

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academic participants from other disciplines and research specialisations

- assimilate and critically approach theories of other disciplines and research specialisations
- present a synthesis of their theoretical approach and the new theoretical knowledge and insights acquired during the course
- provide constructive feedback on theories and choices of theory to participants from other disciplines and research specialisations

## Course content

The course is based on the theories the participants have chosen for their thesis projects, and on different theories of ageing and of ageing and health, and is to result in a reflection paper.

## Teaching

The course is based on lectures and the participants' thesis projects. Among the components included are workshops including lectures, presentations in large and small groups, and group discussions, written compilations and required reading. Meetings with other students are an important element of the course. The learning platform is used for different assignments, individually and in groups.

Active attendance at workshops and completion of the learning platform assignments are compulsory.

## Assessment

The course includes different assessed components. Participants are required to participate actively and make presentations at workshops and to work in groups on analyses and syntheses of theoretical approaches.

The components assessed on the learning platform are a presentation of the individual participant's theoretical approach, a reflection paper written in accordance with instructions and written feedback on a fellow participant's reflection paper.

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## Grades

The grades awarded are Pass and Fail.

## Required reading

Bengtson, V.L., Gans, D., Putney, N.M. & Silverstein, M. (eds.) (2009). *Handbook of Theories of Ageing* (2nd ed.). New York: Springer Publishing Company, ISBN 978-0-8261-6251-9.

The parts selected for reading are communicated by the course management and determined in consultation with participants on the basis of their thesis projects.

Research articles totalling no more than 50 pages will be added in accordance with instructions.